



GAY AND BISEXUAL MEN'S DISCUSSION GROUP

Supporting

A HEALTHY SELF & HEALTHY RELATIONSHIPS

EXPLORING

Relationship, commitment, emotional health, self-esteem, loneliness, substance use, safe sex, depression, harm reduction and empowered living.

Meeting Tuesday evenings, 7:30 PM – 9:00 PM

Beginning October 30th

Length: 6-8 weeks

Singles-Couples welcome

Professionally Facilitated

No fee required.

Your Confidentiality Is Assured

For more information, please call Philip at 756-6815. You may leave a message on confidential voice mail.