

PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of FDH & Associates, their agents, owners, volunteers, participants, employees, and all other persons acting in any capacity on their behalf (hereinafter collectively referred to as "FDH"), I hereby agree to release, indemnify, and discharge FDH, on behalf of myself as follows:

1. I expressly agree and promise to accept and assume all of the risks existing in this retreat. My participation in this retreat is purely voluntary, and I elect to participate in spite of any risks.
2. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless FDH from any and all claims, demands, or causes of action, which are in any way connected with my participation in this retreat or my use of the facilities, including any such claims which allege negligent acts or omissions of FDH.
3. Should FDH or anyone acting on their behalf, be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
4. I certify that I have adequate insurance to cover any injury or damage I may cause or suffer while participating, or else I agree to bear the costs of such injury or damage myself. I further certify that I am willing to assume the risk of any medical or physical condition I may have.
5. I am aware that all retreat activities are alcohol, drug, and violence free and I agree to abide by these and other FDH policies.
6. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation in this retreat, I may be found by a court of law to have waived my right to maintain a lawsuit against FDH on the basis of any claim from which I have released them herein.

I have had sufficient opportunity to read this entire document. I have read and understand it, and I agree to be bound by its terms.

Signature of Participant _____ Print Name _____

Address _____

Phone _____ Date _____

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PARENT'S OR GUARDIAN'S ADDITIONAL INDEMNIFICATION
(Must be completed for participants under the age of 18)

In consideration of _____ (print minor's name) ("Minor") being permitted by FDH to participate in its retreat, I further agree to indemnify and hold harmless FDH from any and all claims which are brought by, or on behalf of Minor, and which are in any way connected with such use or participation by Minor.

Parent or Guardian _____ Print Name _____

Date _____